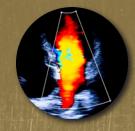


NATIONAL BOARD OF ECHOCARDIOGRAPHY, INC.



Leadership Spotlight



Alina Nicoara, MD, FASE

NBE Board Member

Positions Associate Professor, Director Perioperative Echocardiography

> **Organizations** Duke University Medical Center

Alina Nicoara, MD, FASE is currently serving as a board member for the National Board of Echocardiography. Dr. Nicoara earned her medical degree from "Carol Davila" University of Medicine and Pharmacy in Bucharest, Romania. She is currently an Associate Professor with tenure in the Department of Anesthesiology at Duke University Medical Center and Director of Perioperative Echocardiography. Dr. Nicoara has been published in journals, books, and electronic publications. She has lectured nationally and internationally on topics of perioperative echocardiography and cardiac anesthesiology. She is the immediate past chair of the Council on Perioperative Echocardiography in the American Society of Echocardiography and also serving as a board member in the Intersocietal Accreditation Commission.

Q&A

What inspired you to pursue a career in this field?

As a subspecialty, cardiac anesthesiology has unique physiologic, procedural, and collaborative aspects. Surgeons, anesthesiologists, cardiologists work together for better patient outcomes and improved processes. Echocardiography, as a natural extension of cardiac anesthesiology, has consistently been shown to improve outcomes in patients undergoing cardiac surgery and it is also a common ground for conversations between all the specialties. I love the collaborative nature of our specialty and the fact that echocardiography is at its core.

What influenced you to join the NBE Board of Directors?

Echocardiography as a perioperative tool employed in the care of patients undergoing cardiac surgery improves outcomes only when used appropriately. Board certification demonstrates to the public and the other healthcare providers a physician's expertise and commitment to enhancing quality of care, achieving superior clinical outcomes, and continuous individual growth. Being part of the mission of promoting certification in echocardiography, while at the same time elevating the quality, demonstrating value, and streamlining the process in order to facilitate the participation in certification has been very appealing to me.

What excites you most about the direction of the NBE, and how will you continue to contribute to it?

I hope to contribute to the ongoing journey of modernizing certification and aligning it with other certification processes in cardiac anesthesiology and perioperative echocardiography. I am looking forward to working and learning from everybody.

NBE is thrilled to spotlight leadership for their accomplishments and dedication to the cardiovascular profession.

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